

## Psychic Ability



Everyone possesses a degree of psychic ability. Everyone searches for answers to life's problems. But why oh why do people seek guidance from those who do not know?

People can obtain answers and guidance from quiet contemplation. But people choose to seek answers from others before finding answers within.

Answers from within are genuine and true. People approach my channel (Margaret Almond-Birtwistle) and ask, "How do I connect sufficiently with Spirit to obtain my own answers?" I have her say: "Find a quiet place and rest peacefully, offer up the question and you will receive guidance, sometimes in the form of a picture and sometimes in the form of a thought. If the answer is not quickly forthcoming, please do not give up, but wait patiently."

Patience is somewhat lacking in some people but is a quality much needed. I speak with directive ness for I am direct. I speak without ego. I speak with simply the energy of love.

If at first your answer is not forthcoming. Wait for one day and sit in contemplation once more. Even we in Spirit sometimes need time to offer guidance as all things are connected, so all things must be considered in this world and the next.

Your world is full of challenges. Please remember you are not alone. Assistance can be obtained, but must be requested. We Spirit Guides can only help when invited to do so. There are spiritual laws which prohibit our involvement, however, once requested we have the freedom to help.

Nemaste

Margaret Almond-Birtwistle and Mai (Margaret's Spirit Guide)